

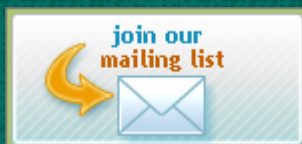
# Autism Movement Therapy Workshop

[Autismmovementtherapy.com](http://Autismmovementtherapy.com)

MARCH 14, 2010



aut-erobics® was developed as a new, first of its kind, sensory integration. This easy to follow instructional DVD combines music and movement for individuals with autism. [more...](#)



## Autism Movement Therapy® Workshop with Joanne Lara, MA Special Education

When: Sunday March 14th, 2010

Where: Dance Center  
Evanston

1934 Dempster Street  
Evanston, IL 60202

Phone 847.328.6683

10-4pm

\$165



Accepting Registrations  
Now

email [joanne@autismmovementtherapy.com](mailto:joanne@autismmovementtherapy.com)

Phone 323.240.0361

Participants receive an Autism Movement Therapy® Handbook & an aut-erobics® DVD

The workshop is designed for parents, teachers, paraprofessionals, caregivers, dancers, dance therapists and professionals who want to develop skills and strategies for instruction of Autism Movement Therapy®. The workshop will cover how to plan and lead developmentally age appropriate "Time, Space & Energy" movement and music lessons and activities for students preschool through 18 years of age with special needs.

Students of all levels learn and participate in guided lessons on creating pathways, shapes & levels, beat, tempo, and rhythm in activities designed for use in the classroom or home setting. Teaching strategies, exploration of self expression through movement and music and appropriate material choices, along with left and right hemisphere sequencing and patterning techniques are explored through lecture, discussion, demonstration and participation. Enrollment limited; all levels of proficiency welcome; advance enrollment required.

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Joanne Lara MA, is an adjunct professor at National University in LA, CA. Lara earned her master's in Special Education; Moderate/Severe & Multiple Disabilities from California State University, Northridge and her B.A. in Dance from the University of South Florida. She holds a California Moderate/Severe Education Specialist K-12 teaching credential and taught in the Los Angeles Unified School District for over 10 years, where she worked exclusively with students with autism. Founder of Autism Movement Therapy and aut-erobics, Ms Lara teaches Autism Movement Therapy classes in Van Nuys, Ca.

[www.autismmovementtherapy.com](http://www.autismmovementtherapy.com)